

Chantel Ray started her career in an entry level job making \$9 an hour. In 2005, she started on her real estate journey, and today she owns a multi-million-dollar real estate business. She's living her dream and well on her way to her ultimate goal of giving away 90% of her income.

Chantel Ray is now the name behind a multi-million-dollar real estate company. Opened in 2011, she currently has over 170 employees and six locations. Every year, the company grows by at least 40% or more.

In 2018, Chantel wrote and published the Amazon best-seller, *Waist Away: The Chantel Ray Way* and launched her Waist Away wellness brand, which she developed after struggling with her weight and an autoimmune disease for years. Her brand is based on research and interviews she conducted with thousands of naturally thin women over 20 years. Chantel has helped thousands of people around the world lose weight through her Chantel Ray Way of Intermittent Fasting. She has also created multiple programs, tools, and free resources to guide readers through her revolutionary approach with weight loss. Chantel also is the host and creator of the Waist Away: The Intermittent Fasting Podcast.

In 2019, Chantel wrote and published her second book, entitled *Fasting to Freedom*, which focuses on biblical fasting to gain provision and freedom from sin.

In 2018, noticing the growing need for production help in the digital media sphere, Chantel launched Simpronto, a digital production company. Simpronto's mission is to simplify the marketing and media processes for its clients and help improve the overall quality of their digital productions. Simpronto's media and production teams provide professional editing and production services as well as new launch services, marketing resources, consultations and other media services.

Chantel currently resides in Virginia Beach. She is married to her husband, Rhyan, who owns a competing real estate agency. They have an 18 year old daughter, Shayla, and an 8 year old son, Kyle.